

**Bring this to Orientation!**



**FALL 2014**

**SCHEDULE OF PROGRAMS**  
**September 29 – November 14**

**ACTIVE ADULTS Age 50+**  
**Fall and Spring Sessions**  
**Best buy in the county!**

**MILE**  
Middlesex Community College  
Continuing Education Division  
100 Training Hill Road  
Middletown CT 06457



MIDDLESEX COMMUNITY COLLEGE  
Is the Founder of MILE and acts as its  
Cosponsor with Road Scholar Institute Network.

Website: [www.mileonline.org](http://www.mileonline.org)  
E-mail: [mileatchapman@gmail.com](mailto:mileatchapman@gmail.com)  
Message phone: 860-343-5863

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Sponsored by Middlesex Community College

## WELCOME TO MILE

Middlesex Institute for Lifelong Education (MILE) was created in 1993 for the purpose of providing stimulating educational experiences for adults age 50 and older. Sponsored by Middlesex Community College (MxCC), MILE is an all-volunteer non-profit organization with programs designed for, and attended by, members. Membership is open to all adults, retired and semi-retired or employed in Middlesex County, although interested residents of other communities are always welcome.

MILE offers college level programs without concern for credit, grades, or pre-requisites. Programs are often enhanced by field trips. MILE also offers an annual trip in conjunction with Road Scholar (formerly Elderhostel).

**Annual membership fee is \$60** covering 7 weeks in the fall and 8 weeks in the spring. Most importantly, registrations must be received no later than one week after Orientation due to limited class size lotteries which will be held immediately thereafter. You will be notified if registered.

We welcome you and hope you enjoy our 22<sup>nd</sup> year.

### 2014 - 2015 Calendar

#### FALL

**Orientation:** Friday, September 12, 2014 (1 PM)

Programs: September 29 – November 14

#### SPRING

**Orientation:** February, 2015, date and time TBA

Programs: March 2 - April 24

#### ANNUAL MEETING

\*Monday, April 27, 2015

\* Subject to change.

### REGISTRATION INFORMATION

**Programs are held in Chapman Hall  
(unless otherwise specified)**

**at Middlesex Community College**

**100 Training Hill Rd, Middletown, CT 06457**

**A cafeteria is available in Founders Hall.**

**For cancellations, information, or to leave a message:**

**Call Message Phone: 860-343-5863**

You may register by mail or in person at the College in the Continuing Education Dept., Founders Hall, or at Orientation.

You must complete the enclosed registration form.

**If you sign up for a program that is limited in size,  
you will be notified if you are registered.**

**Membership Fee: \$60 for each person being registered.** This fee entitles members to attend as many MILE programs as they wish during the academic year of two sessions – fall and spring. Additional fees and registration are required for trips.

### DIRECTIONS TO MxCC

From Route 9, take Exit 11, Randolph Road. Turn right onto Randolph Road and go up the hill to Saybrook Road light. Turn left. Take the next right onto Reservoir Road. Take the second right onto Training Hill Road. Turn left into the MxCC parking lot below Chapman Hall. Handicap parking spaces are clearly marked and require the appropriate State permit. Cars parked illegally will be towed.

**To Village at South Farms:** At foot of Reservoir Rd, 645 Saybrook Rd.

**To St Francis Hall, 10 Elm:** Saybrook Rd. north, right on East Main St., right on Elm, park in rear. Or enter from Silver St. across from Post Office.

## FRI, NOV 7

### MEDIEVAL MEDEA: LEGENDS OF A BAD WOMAN TRANSLATED AS GOOD

This program will eclipse mythology and academic studies of women in medieval literature. It will focus on versions of the Jason and Medea myth included in the encyclopedia of women during the years of 1361-1405, written by Giovanni Boccaccio (Italy), Geoffrey Chaucer (England), and Christine de Pizan (France).

**Presenter:** *Dr. Eva Jones* is a faculty member of the English Dept. and Faculty Program Coordinator of the Honors Program at MxCC. She teaches all levels of English available at the college. Dr. Jones earned her PhD in English and a certificate in Women's Studies from U of Rhode Island, her MA in English Education from Teachers College, Columbia U, and her BA in English from Western CT State U. She studies the ways in which the literature of late medieval Europe serves as a historical resource for women.

## FRI, NOV 14

### ON FREEDOM'S SHORES:

#### Book III of the *Unbroken Circle*

Dr. Triay's most recent book of fiction, *On Freedom's Shores*, concludes his critically-acclaimed trilogy *The Unbroken Circle* which focuses on a Cuban family caught up in Castro's Revolution. During this presentation Dr. Triay will discuss the trilogy with special emphasis on *On Freedom's Shores*. He will also discuss Operation Pedro Pan, during which over 14,000 Cuban children of parents who opposed the revolution were airlifted to Miami and later relocated with relatives, friends, foster care, or group homes in numerous states in the United States.

**Presenter:** *Dr. Victor Triay* has a BA from the U of Florida and an MA and a PhD from Florida State U. He has been an MxCC professor for over 20 years. He is the author of three nonfiction books: *Bay of Pigs: An Oral History of Brigade 250; Cuban Revolution: Years of Promise; and Fleeing Castro: Operation Pedro Pan and the Cuban Children's Program*. He has also written three works of fiction in *The Unbroken Circle* trilogy. He is a popular MILE presenter.

<p><b>Middlesex Community College Foundation</b>  <b>Red Moon Fest</b>  <b>Saturday, September 6, 2014 6:00 pm – 9:00 pm</b>  <b>An event to benefit MxCC Students and programs</b>  <b>An evening celebration of music, savories, sweets, wine and beer</b>  <b>and a silent and live auction</b></p>
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## MILE FALL 2014 PROGRAMS

### ORIENTATION / REGISTRATION

**Friday, September 12<sup>th</sup>**  
**Refreshments at 1:00 PM & Program at 1:15 PM**  
**Room 808, Chapman Hall, MxCC**  
**Introduction to Programs and Presenters**  
**Bring a friend!**  
**Sign up to be a MILE Committee Volunteer**

### MONDAYS

**1:30 – 3:30 PM**

### MON, SEP 29

#### BLUESGRASS: ACOUSTIC DUO MUSICAL PERFORMANCE

The acoustic duo **BluesGrass** features guitar, harmonica, and upright bass with two lead singers and strong harmony vocals. The duo plays Bluegrass, blues and an "Americana" mix of roots music including folk, early jazz, and pop music oldies from the '50s and earlier. They also provide informative historical background on the music they play. The 90 minute musical concert (ending at 3:00 PM) will feature music interspersed with information on the songs as well as opportunities for questions from the audience.

**Presenters:** *Jon Swift* has played upright bass for 35 years and sung for many more, including choral singing, barbershop quartets, folk music, blues and bluegrass. He was a founding member of the bluegrass band Traver Hollow and played and sang with them for 13 years. That band did a European tour as well as sharing the stage with many giants of bluegrass and acoustics here in the U.S. Prior to that Jon played with John Herald, lead singer for the Greenbrier Boys. *Mark White* has been playing guitar since the early '60s. He discovered bluegrass music during college and began playing acoustic with various bands, interpreting the songs of the bluegrass pioneers. Mark has a deep appreciation for the many facets of American roots music and searches for songs that resonate with him and his listeners.

## MON, OCT 6

### LINEAGE SOCIETY PROGRAM, WADSWORTH CHAPTER, DAUGHTERS OF THE AMERICAN REVOLUTION

Join members of the Wadsworth Chapter Daughters of the American Revolution in discovering lineage societies and their role in genealogy. The lecture will cover the definition of a lineage society, basic rules for applications, the essence of the Daughter of the American Revolution, and the ways in which a lineage society can help you trace your family tree. Attendees are encouraged to bring questions to the program.

**Presenter:** *Ellen Halstedt* spent 28 years as a police officer in New Jersey and South Florida. She has a 2 year degree in Criminal Justice and was also an adjunct professor at the Palm Beach Community College. She is presently retired and has been a member of the Wadsworth Chapter DAR since 2005.

## MON, OCT 13

### AN ADVENTURE WITH VENTURE SMITH

The program will be an illustrated look at the life and times of Venture Smith (1730-1805). Born in Africa, the son of a king, Venture was captured and sold into slavery in 1739. His autobiography was published in New London, CT, in 1798 and is the basis of a Power Point presentation illustrating the dramatic events of his life story.

**Presenter:** *Kevin J. Tulimieri* is a graduate of the U of Hartford. He first published writings on Venture Smith in 1995. His research on Venture Smith and his gravestone was published in *Venture Smith and the Business of Slavery and Freedom*, edited by James Brewer Stewart, U of Massachusetts Press, 2010.

## MON, OCT 20

### GHOSTS OF THE MARK TWAIN HOUSE

This program will give us a look at the claimed haunted happenings in the Mark Twain House in recent years. The hauntings will segue into Twain's own interest in ghosts and spiritualism. The presentation will feature some PowerPoint illustrations followed by a group discussion on many other aspects of the Mark Twain House, including Twain's family life there and the literary works he produced while living there.

**Presenter:** *Steve Courtney* has been a journalist for nearly 40 years. For the past five years he has worked at the Mark Twain House both in publicity and in special projects. He is the author of three book including *We Shall Have Them with Us Always: The Ghosts of the Mark Twain House* (Paige Typesetter Press.)

## FRI, OCT 17

### LEGENDARY LOCALS OF MIDDLETOWN

Come learn about some of the legendary people who have lived in Middletown. The class will be an illustrated presentation of the Hubbards' book *Legendary Locals of Middletown*. There will be time for questions and answers as well as a book signing.

**Presenters:** *Robert and Kathleen Hubbard* were both born in Middletown and went to schools in Middletown. Robert is an Associate Professor of computer information systems at Albertus Magnus College. He also teaches courses in the college's Master's writing program. Kathleen is a retired Middletown school teacher. Together they wrote the book *Images of America, Middletown* in 2009, and Robert wrote the book *Images of America, Glastonbury* in 2012.

## FRI, OCT 24

### GARDENING TO ATTRACT BIRDS AND BUTTERFLIES

Would you like to attract more birds and butterflies to your garden? Learn many tips to making your garden a part of the local ecosystem which will result in more feathered friends and butterflies. You will learn how to plant in harmony with nature.

**Presenter:** *Nancy Ballek Mackinnon* has a degree in environmental horticulture and landscape design from UCONN. She is a partner in Ballek's Garden Center in Haddam, CT and is also the author of *The Gardener's Book of Charts, Tables & Lists: A Complete Gardening Guide*.

## FRI, OCT 31

### POETRY AND HAUNTING

What does it mean "to haunt?" To be "haunted?" Reading an excerpt from *Hamlet*, as well as poems by Edgar Allan Poe, Wallace Stevens, and Rae Armantrout, this class will look at how content and language work together to create very different kinds of hauntings, each one guaranteed to set your Halloween a little bit on edge. The format of the program will be lecture, but the lecture will be rooted in audience participation.

**Presenter:** *Terry McNulty* is a Professor of English at MxCC. He previously taught at the U of Maine and at Elmira College. He also taught at the REACH Alternative High School in West Hartford and at Central High School in Providence, RI. He has a BA in English and Philosophy from the U of Scranton, an MA in English from the U of Maine, and an MA in Education from Brown U. He is a popular MILE presenter.

**Presenter:** *Susan Kulesza*, a recent retiree and MILE member, learned to play Mexican Train Dominoes almost ten years ago and has been “spreading the word” about the game ever since then. She and her husband often participate in “marathon” games with family and friends who have had so much fun that they have purchased sets for themselves.

## **FRIDAYS**

**10:00 AM - NOON**

### **FRI, OCT 3**

#### **ARTISTS FOR WORLD PEACE FOUNDATION**

Wendy Black-Nasta started an international foundation in 2003, Artists for World Peace. She would like to share what she and other international artists are doing to change the lives of people around the world. She will be returning from Tanzania in late August, and she will show us a DVD of some of the work the Artists for World Peace Foundation has accomplished there in the past six years. She will also give us a broad view of the foundation’s work. There will be ample time for questions and answers.

**Presenter:** *Wendy Black-Nasta* has been an international jewelry designer since 1977. She is based in NYC’s diamond district and has designed jewelry for Saks Fifth Avenue, Macy’s, museums, and hundreds of other stores around the world. In addition Wendy spent ten years designing sacred objects for Buddhist Monasteries as well as churches in Hong Kong. She now designs one-of-a-kind pieces for art collectors in the U.S. and Europe.

### **FRI, OCT 10**

#### **BEATLES: BAND OF THE SIXTIES**

Explore the music of the Beatles which will include history and musical analysis. We span the full 1960’s beginning with the band’s seminal visits to Hamburg, through the Beatle mania years and concluding with *Abbey Road*. The program will be supplemented with audio clips of music and excerpts from interviews with the band members. For a free preview, visit Aaron Krerowicz’s website and Beatle blog at [www.AaronKrerowicz.com](http://www.AaronKrerowicz.com).

**Presenter:** *Aaron Krerowicz* graduated from the U of Hartford with a degree in music composition. While still a student, he won a research grant to pursue connections between the Beatles and mid-20<sup>th</sup> Century avant-garde art, now presented as lectures at the Hartt School at UH and the College Conservatory of Music at the U of Cincinnati. Aaron was a featured speaker at Penn State at the “International Beatles Conference.”

### **MON, OCT 27**

#### **TOUR OF THE STATE PUBLIC HEALTH LABORATORY**

**395 West St, Rocky Hill, CT 06067**

**Limited to 40 (Lottery Sept 23)**

Elise Kremer and other managers at the State Public Health Laboratory will provide an orientation to the laboratory and a physical tour on-site. We will discuss the design and development of the facility and the functions that it supports. The following will be described: the various programs, which include laboratory testing for newborn screening, infectious diseases, testing of environmental samples for both biological and chemical contaminants, and testing of human specimens for various environmental toxins. Also featured will be an explanation of how the laboratory’s testing programs support the mission of public health by enhancing disease surveillance and control at both the state and federal level, as well as monitoring of the quality of the environment. The tour will be interactive with questions and discussion welcomed. (Travel details after lottery.)

**Presenter:** *Elise Kremer, PhD* is a manager who has worked for the Dept. of Public Health for 30+ years. She is the Operations and Administration Chief of the Public Health Laboratory. She manages the staff and day-to-day operations of this major branch of the Department of Public Health.

### **MON, OCT 27**

#### **NOTHING TO ENVY (ORDINARY LIVES IN NORTH KOREA)**

**by Barbara Demick**

This nonfiction book is a very close look at real people who have tried to live decent lives in a totalitarian state that has actually become harsher over time. Their valiant and resourceful efforts to maintain their lives and honor the “Dear Leader” are remarkable. Demick interviewed North Koreans who had escaped to the south when she was stationed in Seoul for the *Los Angeles Times*. Her North Korea reporting won the Overseas Press Club Award for human rights reporting, the Asia Society’s Osbourne Elliot Award, and the American Academy of Diplomacy’s Arthur Ross Award.

**Moderator:** *Kathy Amoia* has a BA in Social Studies from The College of Mount Saint Vincent and an M.A. in Elementary Education from Wagner College. She is retired after teaching 31 years in the NYC Public School System. Presently she is President of the Killingworth Foundation and a volunteer at the Killingworth Library circulation desk. She also writes book reviews for the *Killingworth Krier*.

## MON, NOV 3 **SPACE EXPLORATION**

The first part of this presentation will feature the highlights of the ISDC Conference which includes commercial space progress, Russian technology, dependency & political problems as well as other topics.

The second portion of the program will focus on a review of the NSS Space Commercial, Space X successes, and long term goals to colonize Mars and much more.

**Stevan Akerley** is a retired engineer who has an AA in Liberal Arts from Orange Coast College, a BS in Industrial Technology from UCLB, and an MBA in International Business and Information Technology from the U of Hartford. He belongs to the Planetary Society and the National Space Society and is an NSS Space Ambassador. Stevan is a lifelong space enthusiast and student of the aerospace technologies, space science, planetary systems and life sciences. He is a favorite MILE presenter.

## MON, NOV 10 **CITIES OF THE BALTIC – TRAVELOGUE**

Our presenter, Klaus Gumz, was born and raised 30 miles from the Baltic Sea but never got to see it until early 1945 when it was used as an escape route from the advancing Soviet Army. A cruise vacation to the countries of the Baltic Sea in 2013 passed close to his home, formerly Germany but now part of Poland, and the trip sparked a new interest in the region of his origin. As an avid photographer, Klaus has attempted to capture the beauty, history, and essence of the various countries and cities visited which include Oslo, Norway; Copenhagen and Arhus, Denmark; Warnemuende, Germany; Tallinn, Estonia; St. Petersburg, Russia; Helsinki, Finland; and Stockholm, Sweden.

**Presenter:** *Klaus Gumz* has a bachelor's degree from UCONN. He worked at Pratt & Whitney for 33 years as a Project Engineer before retiring. At PWA he was part of a team to establish a digital image management system. Photography and travel have been a lifelong hobby. Klaus continues to be an invaluable member of the MILE A/V support team.

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"Age is a very high price to pay for maturity."

*Author unknown*

## THU, OCT 30 **FLORAL DESIGNS**

Come and enjoy a demonstration of a variety of floral arranging designs for fall holidays (Halloween and Thanksgiving) for dining room tables, porches, and other appropriate spots inside homes. The program will begin with an overhead projector overview, followed by demonstrations and opportunities for participants to ask questions, make adjustments to designs, and actively participate. There will be a drawing at the conclusion of the program for the arrangements. Winners will take all of the plant material and containers home with them.

**Presenters:** *Duane Luster* is a retired pharmacist who attended UCONN School of Pharmacy. He worked in local Hartford and Wethersfield pharmacies. *Alice Luster* is a graduate of Hartford College for Women and the U of Hartford. She is a retired Special Education teacher who taught in Bloomfield and Glastonbury. She now works for CCSU, USJ, and CREC with teachers seeking Special Education certification. Both *Duane and Alice* are accredited National Garden Club Flower Show Judges. They are members of the Country Gardeners of Glastonbury. They judge as well as create floral designs for flower shows, and they also create designs to accompany works of art for special museum events at venues such as the New Britain Museum of American Art and the Florence Griswold Museum.

## THU, NOV 6 **THE CT SMALL CLAIMS COURT PROCESS**

The program will give an overview of the Connecticut Small Claims Court process, combining lecture and a PowerPoint look at the CT judiciary website. There will be ample time for discussion and questions and answers throughout the presentation.

**Presenter:** *Benjamin Boutaugh* spent 14 years as a licensed attorney in the State of Connecticut. His focus area was general practice, including litigation, probate, workers' compensation, and creditors' rights.

## THU, NOV 13 **MEXICAN TRAIN DOMINOES**

**Limited to 48 (Lottery Sept 23)**

The black and white dominoes that we all remember from our childhood have changed! Come play Mexican Train Dominoes using a brightly-colored set of Double Twelve dominoes. Participants will be placed in groups of six to eight players, and each player will play on his or her own train as well as the Mexican train. Be the first player to play all of your dominoes and win the round.

**THU, OCT 9****THE STEALTH INVASION: HOW NON-NATIVE SPECIES ARE TAKING OVER THE LANDSCAPE**

They have marched across Connecticut virtually unimpeded: invasive plants such as bittersweet, autumn olive and barberry that blend right in while quietly crowding out and strangling native vegetation. They irreversibly change native ecosystems and permanently alter the landscape. We will examine Connecticut before the invasion, look at how the invaders became entrenched, and consider their far-reaching impacts. We will also look at other types of invaders advancing on Connecticut as the climate changes and glimpse what the future may hold, including possible solutions such as eating the invaders. An optional walk (weather permitting) will follow the talk and take us across campus to see the invasion up close and look at what the MxCC community is doing to fight the problem.

**Presenter:** *Professor Christine Witkowski* has a BS in Biology and an MS in Geology from UCONN. She was the park naturalist at Dinosaur State Park and a founding member of the CT Geological Society and a field trip leader. She has been an adjunct instructor at a number of colleges in the Northeast. She is presently an Associate Professor of Environmental Science and the Coordinator of the Environmental Science Program at MxCC. She is a favorite MILE presenter.

**THU, OCT 16****OPERA: DER ROSENKAVALIER**

Barbara Arafah, local opera expert, will introduce us to Strauss's comic opera *Der Rosenkavalier*, that also operates at a deeper level, musing over the passing of time, growing old, and men's inconstancy. During this program, we will listen to arias from the opera, view some of the scenes on DVD, and become familiar with the plot of the opera. *Der Rosenkavalier* will be presented at the Middletown Performing Arts Center on Sunday, November 9, 2014 at 3:00 PM.

**Presenter:** Barbara Arafah has a Bachelor's in Music with a major in voice from the New England Conservatory of Music in Boston. She has an MA from Columbia U in NYC. She studied opera with the eminent Boris Goldovsky. Barbara is the President of the GMAC, which sponsors operas at Middletown High School. She is a popular MILE presenter.

**THURS OCT 23****TRIP TO JOHN ADAMS HOME IN QUINCY, MA**

See Trip Form to register

**1:30 – 3:30 PM**

**TUESDAYS****TUE, SEP 30****PHOTOGRAPHY AS FINE ART****Limited to 20 (Lottery Sept 23)**

This program will have six major sections: 1)An overview of the photographers to be covered, 2) Definitions of art and what it "does" and reasons as to why photography is so appealing to view and to create 3)Looking at Art – specifically how we view photography, 4)Photographing Reality—what many people see as the 'point' of photography, 5) Creating Alternative Realities and how much they tell us about ourselves and the photographer, and 6) The Print – the end product of photography as art.

**Presenter:** *Mike Brodie* has been a photographer for nearly 40 years, first in film and now in digital form. He has done his own darkroom work as well as making b&w and color prints. In the last two years he has done the photography for a CD of a CT based singer/songwriter, Donna Martin. Mike is a past MILE presenter.

**TUE, OCT 7****TRUSTS: THE BASICS**

This program will explore the basic components and uses of trusts. The content will examine both the myths and realities of trusts as they pertain to income and estate taxation, probate issues and gifting. There will be ample opportunities for questions and answers following each section of the presentation.

**Presenter:** *Richard Knotek* is a managing partner of the Middletown, CT office of Mahoney Sabol & Co LLC, a full service accounting firm. He directs the firm's trusts and estates practice and manages a diverse accounting and tax practice for businesses and individuals. He has practiced in Middletown since his graduation from Georgetown in 1976.

**TUE, OCT 14****KAYAKING WITH NATURE IN NEW ENGLAND**

Come take a visual kayak trip with Jeff Feldman, and see rivers in New Hampshire, Vermont, Massachusetts, and Connecticut. You will see wild flowers, butterflies, dragon and damsel flies, great blue herons, snapping turtles and a sunrise on the Bantam River in Litchfield. View shore birds from the Roger Tory Peterson Great Island area in Old Lyme, loons, deer, and bald eagles. Feel free to ask questions during the program.

**Presenter:** Jeff Feldman is a CT native who has won awards for his photographs of men's and women's college sporting events. He also enjoys capturing views of nature especially from his kayak. His work has been exhibited at the Noah Webster and Clinton Libraries and in juried art shows throughout CT. His photograph of the 1991 Tax Rally is on permanent display at the CT State Library. He is a member of the Hartford Audubon Society, the CT River Drifting Society, and the Rivers Alliance of CT.

**TUE, OCT 21 and/or THU, OCT 23**

**TRIP TO JOHN ADAMS HOME IN QUINCY, MA**

See Trip Form to register

**TUE, OCT 28**

**CHINA: AGGRESSIVE NATIONALISM VS  
POPULAR DEMOCRACY**

This program will reveal several dilemmas in China's development strategy. These dilemmas will include the issues of sovereignty in the South Seas and Central Asia; the rise of a middle class that incubates protest and creativity but is also held in ransom by being represented in the Communist Party; the crises in its economic development in terms of class in equities, corruption, and decline in trade; and its questionable global role in the environmental issues of climate change. The question for the class will be: What is the role of American diplomacy in the face of these challenges?

**Presenter:** Dr. Richard Kagan received his PhD from U Penn. He taught East Asian history for many years at Hamline U in St. Paul, MN, where he was chair of the History Dept. More recently he has taught history and East Asian Studies at Wesleyan. During his academic career, he also taught courses in the history of the Vietnam War and the dilemmas of American foreign policy. In addition, Dr. Kagan has written several books on Taiwan and Korea and has published many articles, book reviews and discussion papers on the politics, culture, and society of East Asia.

**TUE, NOV 4**

**UKRAINE AND TAIWAN: ISSUES OF SOVEREIGNTY  
AGAINST IMPERIAL POWERS**

Russia and China are both engaged in reviving their empires. The accession of Crimea and the pledge to take Taiwan by force if necessary have rekindled the imperial fires of expansion and claims to old territory. We tend to think the main purpose is economic nationalism – Crimea is a valuable port; Taiwan is rich in human capital. But there are darker motivations including the extension of territory for criminal gangs, the goal to create new geographies of power (trans Russia and trans China), the spread of new technologies to limit the behavior and power of

**THURSDAYS**

**Except as noted: 1:30 – 3:30 PM**

**THU, OCT 2**

**ADVENTURES IN PUBLISHING**

Today's readers are well aware that the publishing industry has undergone major upheaval, and it continues to reinvent itself daily. Find out what is going on and how you can benefit from it. Join Wethersfield's Judith K. Ivie, author of the *Kate Lawrence Mysteries* and principal of Mainly Murder Press, for a discussion of the interesting ways in which publishing is evolving. She will tell us about how she got into the publishing business as well as give us the scoop about prize nominees, the Amazon reviews, and much more. Judi will also read from her brand new mystery. To learn more about it, access [www.judithivie.com](http://www.judithivie.com). There will be coupons, handouts, and plenty of time for questions and comments.

**Presenter:** Judith K. Ivie has worked in book selling, public relations, advertising, sales promotion, and the international tradeshow industry. She produced three nonfiction books on work-related issues as well as numerous articles and essays. In 2006 Judi launched the popular Kate Lawrence mystery series, set in historic Wethersfield, CT. In 2009 Judi established Mainly Murder Press, an eco-friendly publishing company that offers its titles in print-on-demand paperback and e-book formats. The company's intent is to offer new voices in mystery fiction and stimulate thought on a variety of contemporary issues.

**THU, OCT 9, 16, 23, 30**

**9:30 – 11:30 AM**

**GREAT DECISIONS**

**Location: Village at South Farms, 645 Saybrook Rd, Middletown**

**The FPA 2014 Briefing Book - \$10**

This semester's Foreign Policy Association topic resources cover 4 issues of concern to U.S. policymakers today: Energy Independence, Food and Climate, China's Foreign Policy, and U.S. Trade Policy. Also, we use the last 20 minutes of the class to discuss current events.

**Moderator:** Jay Keiser, Middletown Realtor, is a member of MILE and the Great Decisions discussion group for some years. He is also a member of the MxCC Foundation.

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Today is the tomorrow you worried about yesterday.

Author unknown

about the Ana Grace Project of Klingberg Family Centers. Ana Grace was one of the children whose life was tragically ended at Sandy Hook Elementary School; and her parents, in conjunction with Klingberg, have established the Ana Grace Project to promote love, connection, and community for every child and family.

**Presenter:** *Mark Johnson* holds a BA in social work and sociology from Bethel College and an MA in community psychology from the U of New Haven. He has been Vice President of Development at the Klingberg Family Centers since 1986. He is also an adjunct teacher of marketing at CCSU. He is the author of *Klingberg Children's Home* (Arcadia Press, 2003) and *Corbin Motor Vehicle Corporation* (Blurb, Inc., 2010)

## **WED, NOV 12**

### **GEOPOLITICS OF IRAQ NATION BUILDING**

With Iraq in the news, come and learn about the history and forces shaping nation-state formation in that country. Geopolitical factors, externally and internally, will be specified. Audience participation in a discussion will be encouraged regarding issues such as the April 2014 national election results, sectarianism, the future role of the United States in an Iraqi-U.S. partnership, and regional challenges from Arab state neighbors, such as Iran and Saudi Arabia. A central question for discussion will be the prospects of a transition to a deeper democracy or to a consolidation of a personalistic, sultanist regime.

**Presenter:** *Prof. Richard Patrick* has a BA and an MA in political science from the U of Hawaii. He is a Professor Emeritus at MxCC where he taught social science from 1968-2008 and is currently conducting on-line courses in Comparative Politics and American National Government as an adjunct instructor. He received two National Endowment for the Humanities fellowships for research in political science. He received the CT Community College Educational Excellence Award, and the State of CT Governor's/Legislature's Affirmative Action Achievement citation. He also published an article, "Presidential Leadership in Foreign Affairs Reexamined: Kennedy and Laos Without Radical Revisionism" in *World Affairs*.

#### **MONITORS**

Sign up at Orientation/Registration Meeting.  
Each session requires early arrival, posting of signs,  
registration, greeting the presenter(s),  
and providing any necessary materials.

competitive nations, and the monopolization of natural and human resources. After a quick but informative history of the Crimea and Taiwan in terms of their fear and response to hostile takeover, Dr. Kagan will lay out the probable motives, possible consequences, and defensive strategies. Finally he will point out America's dilemmas and possible policies to overcome these dilemmas.

**Presenter:** *Dr. Richard Kagan* See Tue, Oct 28.

## **TUE, NOV 11**

### **FIGHTING SMOKE WITH FIRE:**

#### **How "old technology" is finding a new purpose.**

Lung cancer accounts for 30% of death from cancer in the U.S., with a five-year survival rate of about 15%. However, for Stage 1 lung cancer the five-year survival rate exceeds 60%. Although the CT scan has been around for many years, Middlesex Hospital is using this technology in a brand new way to "aim and fire" at early stage lung cancers. This program will discuss the important need for identifying early stage lung cancer and the way in which the Total Lung Care Center at the hospital is helping to save the lives of current and former smokers, including our veterans. Discussion will also include the concerted efforts being made on the part of care providers to secure reimbursement for the procedure from the federal government for Medicare patients.

**Presenter:** *Gean Brown, MSN, RN, OCN* is the Clinical Manager at the Middlesex Hospital Cancer Center. She is an oncology certified nurse, who holds a chemotherapy/biotherapy certificate, with a strong outpatient medical oncology background. She holds an MS in Nursing from Sacred Heart U, and a BA from the U of New Haven, has published extensively, and lectured widely about the field of oncology nursing. She is presently program chair for the Central CT chapter of the Oncology Nursing Society.

## **WEDNESDAYS**

**1:30 – 3:30 PM**

### **WED, OCT 1**

#### **CHALLENGES AND DISCOVERIES FOUND**

#### **RESEARCHING WOMEN**

In this presentation, Stelzer paints a picture of life for women in early New England by telling some of the stories of the dozen women profiled in her book. She will explain how she used probate records to confirm some of her conclusions and share some discoveries along the way that surprised her. There will be time for discussion, questions, and answers regarding women's history.

**Presenter:** *Alice Plouchard Stelzer* has been writing for over 25 years as a magazine and newspaper editor, a publisher, a columnist, a journalist, a public relations consultant and author. Alice has also been a mentor/coach for writers and has taught writing workshops on journaling, creativity, autobiographical writing, writing for health, and writing family history. Since the publication of her book *Female Adventurers: the Women Who Helped Colonize Massachusetts and Connecticut*, Stelzer has been lecturing on the challenges faced when researching women.

### **WED, OCT 8**

#### **THE CARDIOVASCULAR SYSTEM**

This presentation will begin with a basic overview of cardiac anatomy and physiology and will attempt to demystify a few of the most common heart-related issues by explaining their causes, signs, symptoms and treatments. We will discuss frequently seen cardiac arrhythmias, congestive heart failure, myocardial infarction, and angina.

**Presenter:** *Brad Fowler*, a graduate of Middlesex Hospital School of Radiography and a licensed paramedic with numerous advanced certifications, in partnership with Middlesex Hospital, spearheaded a stroke awareness education program. He trains all of the Emergency Medical Service personnel in our 20 town support area. Brad lectures extensively, drawing upon his diverse background as a fully integrated member of the Emergency Department, provider of pre-hospital medicine, and stroke team member. Last spring Brad gave an excellent MILE presentation about stroke awareness.

### **WED, OCT 15**

#### **READERS' THEATER – THE LAST ROMANCE**

What if? Everyone wonders what could have been, and Ralph, a widowed, retired railroader who once aspired to be a professional opera singer, is no exception. A second chance at love brings new hope when Ralph unexpectedly takes a different path on his daily walk and meets Carol, an elegant dog lover. Their late-in-life love blossoms and proves that love has no age limit. *The Last Romance* is a bittersweet, romantic comedy that illustrates the adage that it is never too late to make each day count.

**Presenter:** *Myron Gubitz* is a former editor and translator who has been involved in theater since childhood. He is the founder of the acting troupe, Readers' Theater. He has entertained people around CT with his Readers' Theater performances and has performed for MILE several seasons. We are pleased that he is once again bringing his troupe to MILE.

### **WED, OCT 22**

#### **THE TREASURES AND MYSTERIES OF OLD BURYING GROUNDS**

This program will give the audience an overview of what Connecticut Gravestone Network members do and why there is a need to protect gravestones as a part of our heritage. Ruth Shapleigh-Brown is known for her programs which feature good slides, scary facts, clear examples, unusual situations, and parting thoughts to ponder. From conservation issues, to symbolism to archeological adventures, you are sure to leave this program with a new thought or two about the old burying grounds near you.

**Presenter:** *Ruth Shapleigh-Brown* is the founder and Executive Director of CGN since 1993. She has been on the board of directors for the Association for Gravestone Studies, the VP of Friends of Center Cemetery, Inc., consultant to the Ancient Burying Ground Association, and Chair of the Monument Review Committee at Cedar Hill Cemetery. She worked with Dr. James Slater of UCONN, author of two books about early gravestones. Ruth has been awarded many certificates and awards for her work on gravestones and burying grounds in CT. She is also affiliated with several genealogical and historical organizations and works closely with our state archeologist and the professional genealogist of CT.

### **WED, OCT 29**

#### **TALES OF THE SUPERNATURAL**

Just in time for Halloween, Diane opens up the doors to the supernatural with this unusual collection of tales and songs. The performance features a true ghost story Edgecomb collected about the misshapen standing stones of Avebury, England, and the eerie forces that emanate from them. The program has a decidedly Celtic slant, exploring Gaelic traditions that influence Halloween, including a humorous encounter with the devil that resulted in the first Jack O'Lantern.

**Presenter:** *Diane Edgecomb*, master storyteller and award-winning performer, is an approved touring artist of the New England Foundation for the Arts. She has appeared at the Three Apples Storytelling Festival, NPR, and many colleges and universities.

### **WED, NOV 5**

#### **KLINGBERG FAMILY CENTERS**

Mark Johnson will share the history and related stories of the "Children's Home," now the Klingberg Family Centers. He will tie in the history of the Corbin Motor Vehicle Corporation as it relates to the Children's Home. Much of the content will relate to life in the orphanage, its effects on children, and their lives after the orphanage. Mr. Johnson will also speak